



REMEMBERING

**Gilbert
Andrew
Rule**

PTSD Knows No Generation.

The invisible scars carried from war aren't something specific to a generation. While it's gone by different names over the years, PTSD has been with us a long time, and only recently has been something addressed outright. For this year's IC4 featured hero, we take a moment to remember Gilbert Andrew Rule, a soldier, husband, father, and veteran whose story, while decades in the past, is as relevant as ever.

"My father, Gilbert Andrew Rule was born in 1925 and enlisted at age 17 (1942) in the Army Air Corps as a Gunsmith, Diesel Engineer and Camera Repairman/Equipment Maintenance for motion picture equipment. His plane was shot down in Germany and he spent the duration of his time in Stalags 17B in Braunau Gneikendorf near Krems, Austria until liberated in 1945. Upon his return he married my mother and they had me in 1947. His battle with PTSD slowly destroyed the man my mother grew up with, and unfortunately it ended their marriage and my relationship with him by the time I was 5 or 6 years old. While the few memories I have are treasured ones, he never really recovered. Over the years my uncles who grew up with him and remained in touch kept me updated often about how he donated his time to the VA hospitals at every opportunity to share his struggles. Ultimately, he lost his family and never was able to reconnect with us which was a struggle for me right up until he passed July of 1992. I always felt a sense of pride for my father and the price he was willing to pay for our country." - Linda Schiltz

According to the Department of Defense, we lose 17 veterans to suicide a day (not including other civilians, contractors, and families affected or impacted by challenging mental health conditions). Many of us have seen the devastating impact PTSD can have, no matter what it's been called, or what decade the trauma occurred.

Today, we **Thank You** for your participation and partnering with the IC4 Charity and the Headstrong Organization in PTSD research, awareness, and treatment to those in need.

Front Photograph: Gilbert Andrew Rule and JoAnne Marjorie Johnson wedding day photo, 1946, provided by Linda Schiltz. Below photo of STALAG 17b, Austria via b24.net.

